



THE GRATITUDE RETREAT

SRI LANKA

Wild & Free

VILLA AND ROOM INFO

28th February - 7th March 2026



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THE VILLA

Green Escapes. Hiriketiya, Sri Lanka

Airport transport time: 2.5-3 hours

Approximate taxi fare : \$20-50

Set on a hillside behind the beautiful Hiriketiya Bay amongst 4 acres of lush tropical jungle and abundant wildlife the house, terraces and pool look out over a magical view to the Indian Ocean.

The estate has its own organic cinnamon & banana plantation, fruit trees and vegetable garden. As well as the stunning 60 sqm infinity pool, there is a huge yoga Shala overlooking that view!

Two large ice baths, two areas for dining, a sun deck and plenty of space for forest walks, private moments and quiet meditation.





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THE ROOMS

All rooms are on a shared basis (separate beds).

There are 3 pricing options (see below).

Private occupancy may be available upon request for an additional fee.

. Please select your preferred room at time of booking.

£1750pp - BED 1,2

Lower Floor. Twin sharing, with ensuite open air pink bathroom and balcony access.

£1700pp - BED 3

Bedroom 3 is as above but has an option to be made into a triple in which case price will be reduced to £1700.

£1650 - Bed 4,5

Upper floor, Twin sharing rooms with shared bathroom between 4. Huge outdoor balcony with outdoor pink bathtub and shower and access to yoga deck. Please note if wish to reserve the upper floor for two people alone the price will be increased to reflect that.



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BEDROOMS

1 & 2

£1750pp
Doubles with ensuite



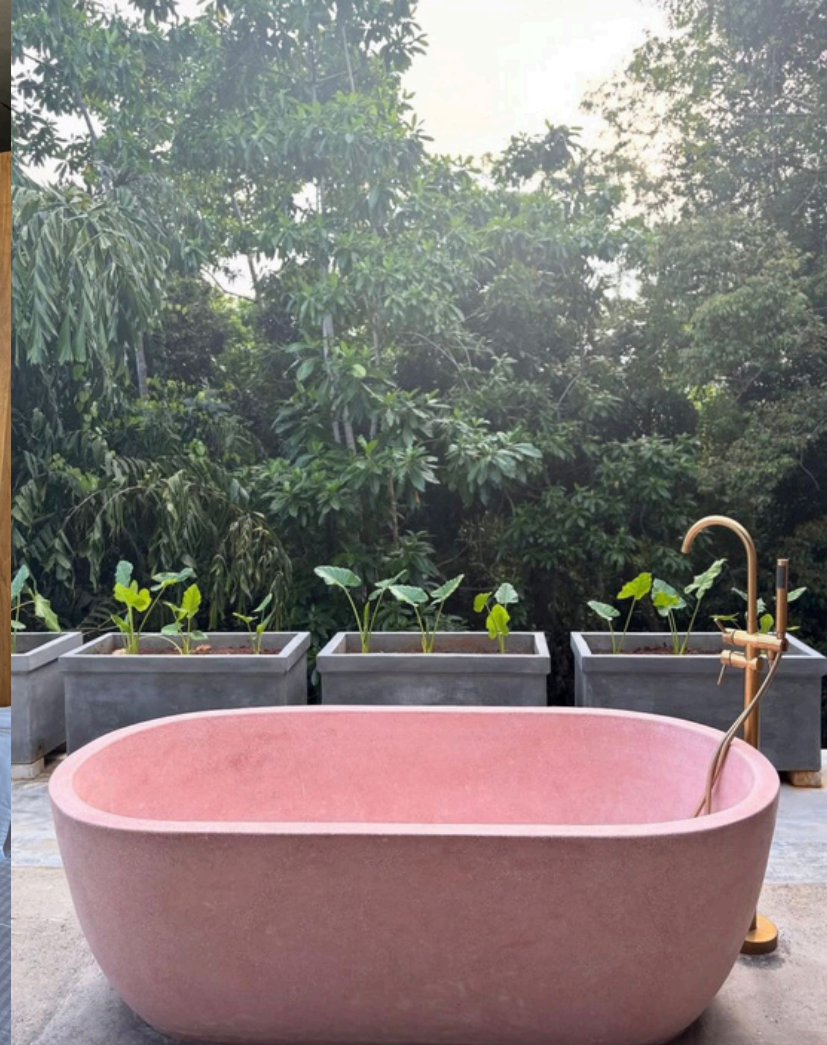


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BEDROOMS

4 & 5

£1650 pp
Doubles with shared
Bathroom between 4





ICE BATHS

3 x Guided Ice Bath sessions
included





DEPOSIT & RESERVATION.

- £400 Deposit to secure your space.
- 50% of the total retreat fee must be paid by 28th October 2025
- Final balance due by 28th December 2025.
- Payment plans are available upon request.
- Those who wish to pay in full at time of booking will receive a 60 minute complimentary 1-2-1 session of choice with Erin.
- Earlybird price will be available until 31st October 2025. Saving £100.
- As a member of The Gratitude Community you will receive an extra £50 off the final retreat price.

Bank Details for deposit are as follows:

MISS E L DUSEK

Acc no: 38172277

Sort code: 070116

Iban: GB15 NAIA 0701 1638 1722 77

Please use TGRSRILANKA26 as your reference and send me your room choice at time of booking.

